

The Neuroscience of Kindness & the Uniting Power of Music.

Please join us on January 10, 2026 at 2pm at the Farmingdale Library's Performance Center, at:
116 Merritts Rd,
Farmingdale, NY 11735



The Synaptic Groove Band (under the musical direction of Paul Block and scientific direction of True North Neurologist Dr. Alan Ettinger) performs *The Neuroscience of Kindness & the Uniting Power of Music*. Discover how acts of compassion rewire our brains, sparking empathy, connection, and joy. Feel the science come alive as live music weaves through the afternoon, showing how it dissolves barriers and synchronizes hearts. It's not just a talk, and it's not just a performance — it's a journey into how kindness and music together can make us more human, more united, and more alive.

Special guest: Farmingdale Mayor Ralph Ekstrand.

No registration required.

For further information, call the Farmingdale public library at [\(516\) 249-9090](tel:5162499090) and find updates on this and other performances by following Synaptic Groove Band on Facebook.